



Looking for someone to help you design a comprehensive, collaborative health and wellness program that meets your agency's unique culture and workforce population's needs?

Are you missing your mark on developing a strategic plan for success for your employer-sponsored health and wellness initiative?

Have you considered offering personalized coaching sessions through your agency's health and wellness initiative that would initiate and advance positive employee health and wellness through habit change?

If the answer is yes to any or all these questions, we can help.

- ✚ 70 years of collective public management experience
- ✚ Extensive leadership experience within self-insured funds
- ✚ Contracted Health/Wellness Consultant - Bergen Municipal Employee Benefit Fund & North Jersey Municipal Employee Benefit Fund
- ✚ Dynamic employer-sponsored health/wellness program developers
- ✚ Certified and experienced life/health and wellness coaching services

For perspective, experience and collaboration – contact us

Marianne Smith-Eskilson msmith@civitasnj.net or (973)944-8693

CIVITAS (*siv-i-tas*; Latin *kee-wi-tahs*)

Noun, the body of citizens who constitute a state, especially a city-state, commonwealth, or the like. Citizenship, especially as imparting shared responsibility, common purpose, and sense of community.

