

Valley Health System

Corporate Wellness Programs

Workplace Connection offers Corporate Wellness Programs designed to help companies improve the health of their employees through prevention, early detection, and information sharing.

A well-tailored program that focuses on the needs and interests of your employees and corporation can reduce healthcare costs, lower turnover rates, improve morale, and increase productivity.

Our professional staff provide webinars that educate your employees on a variety of health topics.

Corporate Wellness Programs Include:

- Dedicated Account Executive
- Event platform access
- Live webinar presentations by leading professionals
- A moderated Q&A with presenter and/or medical professional
- Recording access
- Can't join to watch on the air date? Watch it later! All webinars are available on-demand once aired.
- Health screening sign-up (optional)
- Participation report (optional)

Potential Health Topics Include:

- Cancer
- Cardiovascular health
- Digestive health
- Disease management
- Exercise and fitness
- Men's health
- Nutrition
- Orthopedics
- Pain management
- Preventive health
- Sleep
- Stress management and mind-body
- Women's health

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Hear what people think of our webinars!

"The webinar was great. I am already taking preventative measures mentioned in the webinar. Thank you for this informative session."

"This webinar opened my eyes and reminded me on steps to take to "conquer" my cravings. I will use the tips and tricks that were presented to help maintain healthy eating habits."

"The webinars have been a great hit amongst the employees and we are very thankful for our partnership with Valley".

"Webinar was very informative and enlightening. I have a greater knowledge and understanding about breast cancer, risks, and prevention measures."